



UNIVERSITY GRANTS COMMISSION  
EASTERN REGIONAL OFFICE  
LB 8 Sector III Salt Lake, Kolkata 700 098

11.03.2019

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No. ERW/11/113/14

(ERO) ID No. WC2-116

Date 27-Mar-19

S No 402573

The Accounts Officer/DOO  
University Grants Commission  
Eastern Regional Office, Kolkata 700 098

Sub: Release of Grant-in-Aid under the Scheme of Minor Research Project in Humanities & Social Sci during 12th Plan in the year 2018-19 to Sammilani Mahavidyalaya

Sr/Madam

I am directed to convey the sanction of the Commission for payment of Rs. 36000 towards the scheme **Minor Research Project in Humanities & Social Sci** to the Principal, **Sammilani Mahavidyalaya** for the Plan expenditure to be incurred during the current financial year as per details given below:

Purpose of the grant	Approved allocation	Amount already sanctioned	Amount being sanctioned now (Gen/SC/ST)	Total grant released including Gen/SC/ST component
	(Rs.)	(Rs.)	(Rs.)	(Rs.)
<b>Sangita Dey Sarkar, Philosophy</b>				
<b>2nd instalment</b>				
MRP-Recurring	90000	45000	36000	81000

Total 36000

Component-wise total grants released to the College now:

SC:Rs. 0 ST:Rs. 0 General:Rs. 81000 Total:Rs. 81000

Accordingly I am to further inform that:

A. SC component: 16% (3B-2202.03.789.27.01)(SC):Rs. 0	0
B. ST component: 8%, (3C-2202.03.796.28.01)(ST):Rs.	36000
C. General component (including Minorities): 76% or 100% (3A-2202.03.102.02.1)(General):Rs	

- The sanctioned amount is debit to Head of account as mentioned above and valid for payment by Accounts Officer, UGC-ERO, Kolkata to the College during the financial year 2018-19 only.
- The amount of the grant shall be drawn by the Accounts Officer (Drawing and Disbursing Officer), University Grants Commission on the Grant-in-Aid bill and shall be disbursed to and credited to grantee as above through Electronic mode through PFMS portal at the following details:

(a) Details (Name & Address) of Account Holder:

Principal, **Sammilani Mahavidyalaya**

**E.M. Bypass, Baghajatin, Kolkata**

**West Bengal 700 094**

(b) Account No.: 1485002100007598

(c) IFSC Code: PUNB0148500

(d) Name & Address of Branch: Punjab National Bank, Jadavpur, Kolkata

**You are requested to confirm the receipt of the above amount in your account by sending back the enclosed stamped receipt within 7 days.**

- The grant is subject to the adjustment on the basis of Utilisation Certificate in the prescribed proforma submitted by the University/College/Institution.
- The University/College shall maintain proper accounts of the expenditure out of the grant which shall be utilised only on approved items of expenditure.
- The University/Institution may follow the General Financial Rules, 2005 and take urgent necessary action to amend their manuals of financial procedures to bring them in conformity with GFRs, 2005 and those don't have their own approved manuals on financial procedures may adopt the provisions of GFRs, 2005 and instructions/Guidelines there under from time to time.
- The Utilisation Certificate to the effect that the grant has been utilised for the purpose for which it has been sanctioned shall be furnished to the University Grants Commission as early as possible after the closing of the current financial year.
- The assets acquired wholly or substantially out of the University Grants Commission's grant shall not be disposed or encumbered or utilised for the purpose other than those for which the grant was given, without proper sanction of the University Grants Commission.
- A register of assets acquired, wholly or substantially out of the grant shall be maintained by the University/College in the prescribed form.

ATTESTED

*Jane*  
Principal  
Sammilani Mahavidyalaya  
E.M. Bypass, Baghajatin  
Kolkata-700094





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TFR-2018-19-

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10. The grantee institution shall ensure the utilization of grant-in-aid for which it is being sanctioned/paid. In case of non-utilization/part utilization, or mis-utilization of grants sanctioned by the Commission for the purpose for which these were approved and accordance with the terms and conditions of the approval or does not furnish the required documents or is disaffiliated from the University the entire amount paid by the Commission shall be refunded by the College with applicable interest on unutilized amount from the date of drawal to the date of refund.
11. The University/College shall follow strictly the Government of India/UGC's guidelines regarding implementation of the reservation policy [both vertical (for SC,ST&OBC) and horizontal (for persons with disability etc.)] in teaching and non-teaching posts.
12. The University/College shall fully implement the Official Language Policy of the Union Govt. and comply with the Official Language Act, 1963 and Official Languages (used for official purposes of the Union) Rules, 1976 etc.
13. **The grants should not be use for Self-Financing/Unaided Courses.**
14. It may be noted that the accounts of the grant-in-aid institution shall be subject to inspection by Officers of the ERO, UGC, Kolkata.
15. **The interest earned by the University/Colleges/Institute on this grant-in-aid shall be treated as additional grant and may be shown in the UC/Statement of expenditure to be furnished by grantee institution.**
16. The sanction issues in exercise of the delegation of powers vide UGC Order No. 130/2013 [F.No.10-11/12(Admn.IA&B)] dated 28/5/2013.
17. The University/Institutions shall strictly follow the UGC Regulations on curbing the menace of Ragging in Higher Education Institutes, 2009.
18. **The University/Institutions shall take immediate action for its accreditation by National Assessment & Accreditation Council (NAAC).**
19. The accounts of the University/Institutions will be open for audit by the Controller & Auditor General of India in accordance with the provisions of General Financial Rules, 2005.
20. The annual accounts i.e. balance sheet, income and expenditure statement and receipts and payments are to be prepared strictly in accordance with the Uniform Format of Accounting prescribed by Government.
21. Funds to the extent of Rs. \_\_\_\_\_ are available under the scheme.
22. This issue with the concurrence of UGC vide Diary No. 1545
23. **The college is registered / mapped with PFMS Portal.**

(UGC) dated 29.09.2015

Yours faithfully,

(Dr. Ajay Kumar Khanduri)  
Joint Secretary

Copy forwarded for information and necessary action to :

1. Principal, **Sammilani Mahavidyalaya**  
**E.M. Bypass, Baghajatin, Kolkata**  
**West Bengal 700 094**

He/She is requested to abide by these instructions/Guidelines of sanction order

2. Registrar/ Director, Co-ordinator, College Development Council, Calcutta University
3. Auditor General, Govt. of West Bengal
4. The Secretary, Higher Education, Govt. of West Bengal
6. Sangita Dey Sarkar, Philosophy

(Avtar Singh)  
Under Secretary

E-PAYMENT DETAILS

The sanctioned grant of Rs. **36000** has been credited to your college Account No.1485002100007598 at Bank Punjab National Bank, Jadavp with IFS Code PUNB0148500 through PFMS Portal. Vide UTR

confirmation No. \_\_\_\_\_ dated \_\_\_\_\_

PHW-117/13-14

(Avtar Singh)  
Under Secretary & DDO

ATTESTED

(Principal)  
Sammilani Mahavidyalaya  
E.M. Bypass, Baghajatin  
Kolkata-700094



# Sammilani Mahavidyalaya

( NAAC ACCREDITED )

[ AFFILIATED TO CALCUTTA UNIVERSITY ]

BAGHAJATIN STN./E. M. BY PASS  
KOLKATA-700 075

Office Phone : 2462-6888

Library : 2436-3919

E-mail :

info@sammilanimahavidyalaya.org

Ref. No. UGC/04/13/F-MR

Date 12-09-2013

Dated: 12<sup>th</sup> September, 2013

To  
The Joint Secretary  
University Grants Commission,  
Eastern Regional Office, LB-8  
Sector -III, Kolkata-91

**Subject: Submission of Minor Research Project proposal in philosophy for UGC  
Financial Assistance**

Madam/Sir

I am submitting the Minor Research Project proposal entitled "Quality of life In relation to Senior Citizen" of Smt. Sangita Dey Sarkar, Assistant Professor in Philosophy of this college. The project will be conducted in the Department of Philosophy of this college. Smt. Sarkar has a deep motivation towards research oriented activities

*S. Palchandani*

Principal 12-09-13

Sammilani Mahavidyalaya

Principal

Sammilani Mahavidyalaya

E.M. Bypass, Baghajatin

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ATTESTED

*G. S. Das*

Principal

Sammilani Mahavidyalaya

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UNIVERSITY GRANTS COMMISSION  
BAHADUR SHAH ZAFAR MARG  
NEW DELHI-110002

ASSESSMENT CERTIFICATE  
(to be submitted with the proposal)

It is certified that the proposal entitled "Quality of life In relation to Senior Citizen" by Sangita Dey Sarkar, Assistant Professor in Philosophy has been assessed by the expert committee consisting the following members for submission to the UGC Regional Office Kolkata LB-8 ,Sector -III, Kolkata-91 ,for financial support under the scheme of Minor Research Projects:

Details of Expert Committee:

1. BANANI GANGOPADHYAY — Banani Gangopadhyay 12.9.13  
ASSO. PROFESSOR IN HISTORY
2. DR. SANJIB ROY — Sanjib Roy 12.9.13.  
ASSO. PROFESSOR IN COMMERCE
3. DR. ANANDA MUKHERJEE — Anandi Mukherji 12.9.13  
ASSTT. PROFESSOR IN COMMERCE

The proposal is as per the guidelines.

S. Palchandi  
Principal 12.09.13  
Sammilani Mahavidyalaya

Principal  
Sammilani Mahavidyalaya  
E.M. Bypass, Baghajatin  
Kolkata- 700 094.

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FORMAT FOR SUBMISSION OF PROPOSAL FOR  
MINOR RESEARCH PROJECT

PART – A

1. Broad Subject PHILOSOPHY
2. Area of Specialization PHILOSOPHY( *Practical Ethics*)
3. Duration 2 years
4. Principal Investigator
- i. Name: Sangita Dey Sarkar
- ii. Sex: M/F F
- iii. Date of Birth: 20.08.1975
- iv. category: General
- iv. Qualification: M.A. M.Phil, B.Ed
- v. Designation: Assistant Professor in Philosophy.
- vi. Address: Residence: 187, Shyam Nagar Road , Dum Dum Park , Kolkata-55

Office: Sammilani Mahavidyalaya, Bagha Jatin, Kolkata-75  
Email/Phone: [sds2310@gmail.com](mailto:sds2310@gmail.com) /9433812600

5. Name of the Institution where the project will be undertaken:

- (a) Department: Philosophy
- (b) College/University: Sammilani Mahavidyalaya
- (c) Affiliating University: Calcutta University
- (d) Whether the institute is located in rural/backward area: urban

6. Whether the College/University is approved under Section 2 (f) and 12 B of the UGC Act? Yes

7. Teaching and Research Experience of Principal Investigator:

(a) Teaching experience: UG    10 Years

PG    nil    Years

(b) Research experience: 2yrs

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(c) Whether the project has been approved by the University for the Doctoral Degree? If

so, please indicate: N.A

i. Date of Registration :

ii. Name and designation of the supervisor approved by the University:

iii. Name of the University where registered :

(d) In case the teacher holds a doctoral degree :

i. Title of the thesis :

ii Year of the award of degree:

iii. Name of the University :

(e) Publication: 02

Papers Published: Accepted: 02

( Please enclose the list of papers and books published and/or accepted during last five years)

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## PART – B

### Proposed Research Work

9. (i) PROJECT TITLE :

#### **Quality of life in relation to Senior Citizen.**

(ii) INTRODUCTION:

Ageing is a normal, biological and universal phenomenon. Ageing of the population is occurring throughout the world, more rapidly in developing countries. United Nations considered 60 years to be dividing line between 'old age' and 'middle and younger age group'. In most of the gerontological literature, people above 60 years of age are considered as 'old' and constituting the 'elderly' segment of the population. In India proportion of older persons has risen 5.5 percent in 1951 to 6.5 percent in 1991, 7.7 in 2001 and projected 12 percent in 2025 (*Department of Community Medicine, Jawaharlal Nehru Medical College, Sawangi (M), Wardha, Maharashtra*). Changes in population structure will have several implications on health, economy, security, family life, well-being and Quality of Life of people.

All the aspects of Health status, Lifestyle, Life satisfaction, mental health and Well-being together reflect the multidimensional nature of Quality of Life in an individual. Quality of life is a holistic approach that not only emphasizes on individuals' physical, psychological, and spiritual functioning but also their connections with their environments; and opportunities for maintaining and enhancing skills.

Ageing, along with the functional decline, economic dependence, and social cut off, autonomy of young generation, compromises quality of life. The dilemma of dichotomy of longevity on one hand and enormously compromised QOL is indeed perplexing. Reluctance in caring of elderly and concept of QOL is

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not yet popular in India. Study shows that QOL(quality of life) of elderly people in urban area is significantly poorer than rural. In rural areas, the elderly work till their body permits they experience power, prestige in family and social life and economic independence while in urban areas, the elderly work for certain age limit as per their jobs, after which they suffer from economic insecurity, loss of power leading to low quality of life. So, I suppose to try to explore the domain in which senior citizens of urban population are lacking and recommend the measures to improve the quality of life by suggesting innovative ideas and by emerging normative element through form of life.

**(iii) OBJECTIVE:**

Given the trend of population aging in the country, the older population faces a number of problems and adjusts to them in varying degrees. These problems range from absence of ensured and sufficient income to support themselves and their dependents to ill health, absence of social security, loss of social role and recognition and to the non-availability of opportunities for creative use of free time. The needs and problems of the elderly vary significantly according to their age, socio-economic status, health, living status and other such background characteristics. As people live longer and into much advanced age (say 75 years and over), they need more intensive and long term care, which in turn may increase financial stress in the family.

Among the several problems of the elderly in our society, economic problems occupy an important position. Mass poverty is the Indian reality and the vast majority of the families have income far below the level, which would ensure a reasonable standard of living. The Ministry of Social Justice and Empowerment, Government of India (1999) in its document on the National Policy for Older Persons, has relied on the figure of 33 percent of the general population below poverty line and has concluded that one-third of the population in 60 plus age group is also below that level. Though this figure

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may be understated from the older person's point of view, still accepting this figure, the number of poor older persons comes to about 23 millions. As people live longer and into much advanced age (say 75 years and over), they need more intensive and long term care, which in turn may increase financial stress in the family. Inadequate income is a major problem of elderly in India. The most vulnerable are those who do not own productive assets, have little or no savings or income from investments made earlier, have no pension or retirement benefits, and are not taken care of by their children; or they live in families that have low and uncertain incomes and a large number of dependents.

The study will help to understand the present situation of senior citizen as well as it will help common people to think over the following aspects:

- Conceptual changes in mentality by bringing child section and elderly closer to each other.
- To make a new institution by combining crèche and old age home.
- To make lonely infants and lonely old age complimentary to each other.
- To make attitude difference by adjoining young and old at large.
- To strengthen the bond between the two group by bringing them under the same roof.
- To replace the name Old age home with a smart one in order to make a positive sense.

The study will also help to explore new avenues of employment in terms of –

- ❖ Physiotherapy for elderly people.
- ❖ Counseling cell for elderly people.
- ❖ Counseling cell for caregivers.
- ❖ Employment regarding new institutions combining crèche and old age home.
- ❖ Trainers for senior citizen.
- ❖ Training for geriatric care.

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(iv) METHODOLOGY

Target Group: above 60 years of age of urban population in Indian perspective.

**STEP 1: Division in target group –**

- i) gender wise
- ii) class/caste wise
- iii) economic group wise
- iv) education wise

**STEP 2: Survey based work-**

(Approx 150 database will take into consideration)

Different Questionnaires will be made for different age group

- i) Questionnaires for senior citizen
- ii) Questionnaires for caregivers
- iii) Questionnaires for ordinary people of society / non-relatives  
(Children: 4-16 age group; young: 17-30 age group; middle aged: 31-55 age group)

**STEP 3: findings and analysis of the collected data**

**(IV) Year-wise Plan of work and targets to be achieved.**

**First year** 1. Collection of database from different parts of society.

2. Suggestion from Experts (viz. Doctors, Psychologists, Social activists)

**Second year** 1. Analysis of the acquired data.

2. Making report on the data.

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9. Financial Assistance required

Items	Estimated Expenditure
Books and Journals	Rs. 75000/-
Equipment, if needed ( please specify name & approx. cost) Laptop ,Printer Digital Camera	Rs.45000/- Rs 35000/-
Field Work and Travel	Rs.60000/-
Contingency ( including special needs)	Rs.30000/-
Total:	Rs.245000/-

10. Whether the teacher has received support for the research project from the UGC under Major, Minor, scheme of support for research or from any agency? If so, please indicate: N.A.

- (i) Name of the agency from which the assistance was approved
- ii. Sanction letter No. and date under which the assistance was approved
- iii. Amount approved and utilized
- iv. Title of the project for which assistance was approved
- v. In case the project was completed, whether the work on the project has been published
- vi. If the candidate was working for the doctoral degree, whether the thesis was submitted and accepted by the University for the award of degree.

(A summary of the report/thesis in about 1,000 words may please be attached with the application)

- vii. If the project has not been completed, please state the reasons

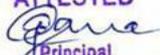
11. (a) Details of the project/scheme completed or ongoing with the P.I N.A

Name of the agency Year Total Equipment/Infrastructural facilities obtained

Started Completed

(b) Institutional and Departmental facilities available for the proposed work:  
Equipment:

Other Infrastructural facilities:

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9. Any other information which the investigator may like to give in support of this proposal which may be helpful in evaluating

To certify that:

a. The University/ College is approved under Section 2(f) and 12(B) of the UGC Act and is fit to receive grants from the UGC.

General physical facilities, such as furniture/space etc., are available in the Department/College.

c. I/we shall abide by the rules governing the scheme in case assistance is provided to me/us from the UGC for the above project.

d. I/we shall complete the project within the stipulated period. If I/We fail to do so and if the UGC is not satisfied with the progress of the research project, the Commission may terminate the project immediately and ask for the refund of the amount received by me/us.

e. The above research Project is not funded by any other agency.

SANGITA DEY SARKAR

*Sangita Dey Sarkar*  
Name & Signature 12/9/13

*Sangita Dey Sarkar*  
(a) Principal Investigator 12/9/13

(Signature with Seal)

*S. Palchandi*  
(b) Principal 12.09.13

(Signature with Seal)

Principal  
Sammilani Mahavidyalaya  
E.M. Bypass, Baghajatin  
Kolkata- 700 094

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*Pare*  
Principal  
Sammilani Mahavidyalaya  
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