



ISKCON YOUTH FORUM, KOLKATA

in support of the national vision of

# NASHA MUKT BHARAT



*Festival of Independence*

नशा मुक्त भारत

**NASHA MUKT YUVA FOR VIKSIT BHARAT**

*A drug-free India begins with a single decision — yours.*

**SAMMILANI MAHAVIDYALAYA**

Affiliated to University of Calcutta & ISO 9001: 2015 Certified  
NAAC Accredited B+ (3rd Cycle)

**DATE - 16.09.2026**

**TIME- 12 NOON**

**VIDYASAGAR HALL**

## WHAT IS NASHA MUKT BHARAT?

A national campaign launched on 15 August 2020 by the Ministry of Social Justice & Empowerment, to build an India free of substance abuse.

- It focuses on awareness among young people in schools and colleges
- Because most dependencies begin in the years between school and a first job
- And because the strongest prevention is a student who has already decided

## WHAT THIS SESSION COVERS

- Why the mind finds it so hard to stop — habit, craving and attention
  - What India's own tradition understood about self-mastery, centuries ago
  - Practical tools: routine, focus, the company you keep, a reason to say no
- No lecturing. No shaming. A conversation, and an honest one.

HG Puridas Das and HG Gopikanta Das, Speakers

Shri Sayan Guha, Program Coordinator, ISKCON

Dr. Ebrahim Sk, Organising secretary, NSS Program officer

Dr. Sharmila Chakraborty, Patron and IQAC Coordinator

Dr. Chandan Kumar Jana, Chief Patron, Principal

● **CLARITY** ● **CHARACTER** ● **COMPETENCE** ● **COMPASSION**

[festivalofindependence.com](http://festivalofindependence.com)

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**ISKCON Youth Forum**

Youth wing of the International  
Society for Krishna Consciousness